



Jason Crow

905942496

Director Information

Title	Mr	Honours	
Name	Jason Crow	Number	905942496
Postcode	CT6 6AF	Address	37 Douglas Road Herne Bay United Kingdom
Date of birth	May 1968	Nationality	British
Total current directorships	6		

List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
BETTER BODY GROUP LIMITED	11830725	Active - Accounts Filed	01/06/2020		Director
BETTER BODY SEVENOAKS LIMITED	09601333	Active - Accounts Filed	20/05/2015		Director
BETTER BODY FACILITIES LIMITED	09601555	Active - Accounts Filed	20/05/2015		Director
THE GRADUATE PERSONAL TRAINING COMPANY LIMITED	07932262	Active - Accounts Filed	01/02/2012		Director
BETTER BODY BLACKHEATH LIMITED	06860542	Active - Accounts Filed	26/03/2009		Director
THE BETTER BODY SHOP LTD.	05743354	Active - Accounts Filed	15/03/2006		Director

List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
28 DAY BETTER LIMITED	10764715	Company is dissolved	11/05/2017	31/05/2017	Director
EXERCISE PRESCRIPTION LIMITED	10052718	Company is dissolved	09/03/2016		Director
JAY CROW LIMITED	09790576	Company is dissolved	23/09/2015		Director
BETTER BODY HENLEY LIMITED	09601254	Company is dissolved	20/05/2015		Director
BETTERBODYONLINE LIMITED	09444573	Company is dissolved	17/02/2015		Director
BETTER BODY BLACKHEATH LIMITED	06860542	Active - Accounts Filed	26/03/2009	20/05/2015	Company Secretary
STRENGTH, HEALTH AND FITNESS SYSTEMS LIMITED	04430188	Company is dissolved	02/05/2002		Director
STRENGTH, HEALTH AND FITNESS SYSTEMS LIMITED	04430188	Company is dissolved	02/05/2002	01/03/2006	Company Secretary
ANTICIPATE LTD.	03571754	Company is dissolved	28/04/2000		Company Secretary
COMPETITIVE ENTERPRISE LIMITED	03766346	Company is dissolved	07/05/1999		Director
COMPETITIVE ENTERPRISE LIMITED	03766346	Company is dissolved	07/05/1999		Company Secretary
E-CRUITMENT LIMITED	03618307	Company is dissolved	15/03/1999		Company Secretary



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E-CRUITMENT LIMITED	03618307	Company is dissolved	19/08/1998	Director
ANTICIPATE LTD.	03571754	Company is dissolved	28/05/1998	Director