



Jason Crow

905942496

## Director Information

<b>Title</b>	Mr	<b>Honours</b>	
<b>Name</b>	Jason Crow	<b>Number</b>	905942496
<b>Postcode</b>	CT6 6AF	<b>Address</b>	37 Douglas Road Herne Bay United Kingdom
<b>Date of birth</b>	May 1968	<b>Nationality</b>	British
<b>Total current directorships</b>	6		

### List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
BETTER BODY GROUP LIMITED	11830725	Active - Accounts Filed	01/06/2020		Director
BETTER BODY SEVENOAKS LIMITED	09601333	Active - Accounts Filed	20/05/2015		Director
BETTER BODY FACILITIES LIMITED	09601555	Active - Accounts Filed	20/05/2015		Director
THE GRADUATE PERSONAL TRAINING COMPANY LIMITED	07932262	Active - Accounts Filed	01/02/2012		Director
BETTER BODY BLACKHEATH LIMITED	06860542	Active - Accounts Filed	26/03/2009		Director
THE BETTER BODY SHOP LTD.	05743354	Active - Accounts Filed	15/03/2006		Director

### List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
28 DAY BETTER LIMITED	10764715	Company is dissolved	11/05/2017	31/05/2017	Director
EXERCISE PRESCRIPTION LIMITED	10052718	Company is dissolved	09/03/2016		Director
JAY CROW LIMITED	09790576	Company is dissolved	23/09/2015		Director
BETTER BODY HENLEY LIMITED	09601254	Company is dissolved	20/05/2015		Director
BETTERBODYONLINE LIMITED	09444573	Company is dissolved	17/02/2015		Director
BETTER BODY BLACKHEATH LIMITED	06860542	Active - Accounts Filed	26/03/2009	20/05/2015	Company Secretary
STRENGTH, HEALTH AND FITNESS SYSTEMS LIMITED	04430188	Company is dissolved	02/05/2002		Director
STRENGTH, HEALTH AND FITNESS SYSTEMS LIMITED	04430188	Company is dissolved	02/05/2002	01/03/2006	Company Secretary
ANTICIPATE LTD.	03571754	Company is dissolved	28/04/2000		Company Secretary
COMPETITIVE ENTERPRISE LIMITED	03766346	Company is dissolved	07/05/1999		Director
COMPETITIVE ENTERPRISE LIMITED	03766346	Company is dissolved	07/05/1999		Company Secretary
E-CRUITMENT LIMITED	03618307	Company is dissolved	15/03/1999		Company Secretary



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E-CRUITMENT LIMITED	03618307	Company is dissolved	19/08/1998	Director
ANTICIPATE LTD.	03571754	Company is dissolved	28/05/1998	Director