



**Richard Fraser Millman**

**913864119**

## Director Information

<b>Title</b>	Mr	<b>Honours</b>	
<b>Name</b>	Richard Fraser Millman	<b>Number</b>	913864119
<b>Postcode</b>		<b>Address</b>	
<b>Date of birth</b>	May 1967	<b>Nationality</b>	British
<b>Total current directorships</b>	8		

### List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
PROJECT JORVIK BIDCO LIMITED	14085738	Non-Trading	21/02/2023		Director
YORKTEST GROUP LIMITED	10808929	Active - Accounts Filed	21/02/2023		Director
PROJECT JORVIK MIDCO LIMITED	14085720	Non-Trading	21/02/2023		Director
YORKTEST LABORATORIES LIMITED	03570476	Active - Accounts Filed	21/02/2023		Director
PROJECT JORVIK TOPCO LIMITED	14085647	Non-Trading	21/02/2023		Director
CLASS DELTA LTD	08170845	Active - Accounts Filed	04/06/2019		Director
TPW GLOBAL LTD	11960858	Active - Accounts Filed	04/06/2019		Director
OLD BANK WORKS MANAGEMENT COMPANY LIMITED	09740232	Active - Accounts Filed	22/10/2018		Director

### List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
SWIM SPORTS COMPANY LTD	10552875	Active - Accounts Filed	09/01/2017	31/12/2018	Director
TOTAL FITNESS AQUATICS LIMITED	10515553	Active - Accounts Filed	07/12/2016	11/09/2018	Director
TOTAL SWIM LIMITED	09755294	Non-Trading	01/09/2015	11/09/2018	Director
TFHC INVESTMENTS LIMITED	09420290	In Liquidation	30/03/2015	11/09/2018	Director
TOTAL FITNESS HEALTH CLUBS GROUP LIMITED	09329631	Active - Accounts Filed	30/03/2015	11/09/2018	Director
SKILLS ACTIVE UK.	04661021	Active - Accounts Filed	12/01/2015	09/06/2017	Director
NATIONAL SKILLS ACADEMY FOR SPORT AND ACTIVE LEISURE	06591156	Active - Accounts Filed	12/01/2015	09/06/2017	Director
TOTAL FITNESS TRUSTEE LIMITED	08478763	Company is dissolved	08/04/2013		Director
TOTAL HEALTH & WELLNESS LIMITED	03682480	Company is dissolved	26/02/2013		Director
TOTAL FITNESS HC HOLDINGS LIMITED	07387553	Active - Accounts Filed	26/02/2013	11/09/2018	Director
TOTAL FITNESS FINANCE LIMITED	03682433	Company is dissolved	26/02/2013		Director
TOTAL WELLNESS LIMITED	03682478	Company is dissolved	26/02/2013		Director
TOTAL FITNESS GYM EQUIPMENT LIMITED	03782251	Company is dissolved	26/02/2013		Director
TOTAL FITNESS HEALTH LIMITED	04282266	Company is dissolved	26/02/2013		Director



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TOTAL HEALTH EXERCISE HYDROTHERAPY & REHABILITATION CENTRES LIMITED	04715302	Company is dissolved	26/02/2013		Director
TOTAL HEALTH & EXERCISE LIMITED	04734781	Company is dissolved	26/02/2013		Director
TOTAL FITNESS HEALTH CLUBS LIMITED	07334974	Active - Accounts Filed	26/02/2013	30/09/2017	Director
LANGSTONE PROPERTIES LIMITED	04923367	Company is dissolved	26/02/2013		Director
TOTAL FITNESS ALTRINCHAM LIMITED	04047659	Company is dissolved	26/02/2013		Director
HEALTH AND WELLNESS LIMITED	04713445	Company is dissolved	26/02/2013		Director
TOTAL HEALTH GROUP LIMITED	04714380	Company is dissolved	26/02/2013		Director
TOTAL FITNESS GYM LIMITED	03780623	Company is dissolved	26/02/2013		Director
TOTAL FITNESS PHYSIO LIMITED	03682438	Company is dissolved	26/02/2013		Director
HEALTH AND WELLNESS GROUP LIMITED	04749604	Company is dissolved	26/02/2013		Director
TOTAL FITNESS BODYCARE LIMITED	03822104	Company is dissolved	26/02/2013		Director
TOTAL HEALTH EXERCISE LIMITED	04734749	Company is dissolved	26/02/2013		Director
TOTAL GYM FITNESS LIMITED	03776865	Company is dissolved	26/02/2013		Director
TOTAL REHAB LIMITED	04005107	Company is dissolved	26/02/2013		Director
TOTAL FITNESS LASER LIMITED	03873294	Non-Trading	26/02/2013	11/09/2018	Director
TOTAL HEALTH & REHAB LIMITED	03682427	Company is dissolved	26/02/2013		Director
TOTAL FIT CLUB LIMITED	07371905	Company is dissolved	26/02/2013		Director
T.H.E. LIMITED	04734794	Company is dissolved	26/02/2013		Director
TOTAL FITNESS EQUIPMENT LIMITED	03782259	Company is dissolved	26/02/2013		Director
1LIFE MANAGEMENT SOLUTIONS LIMITED	02566586	Active - Accounts Filed	11/05/2009	04/10/2012	Director
1LMS (HOLDINGS) LIMITED	03865691	In Liquidation	11/05/2009	04/10/2012	Director